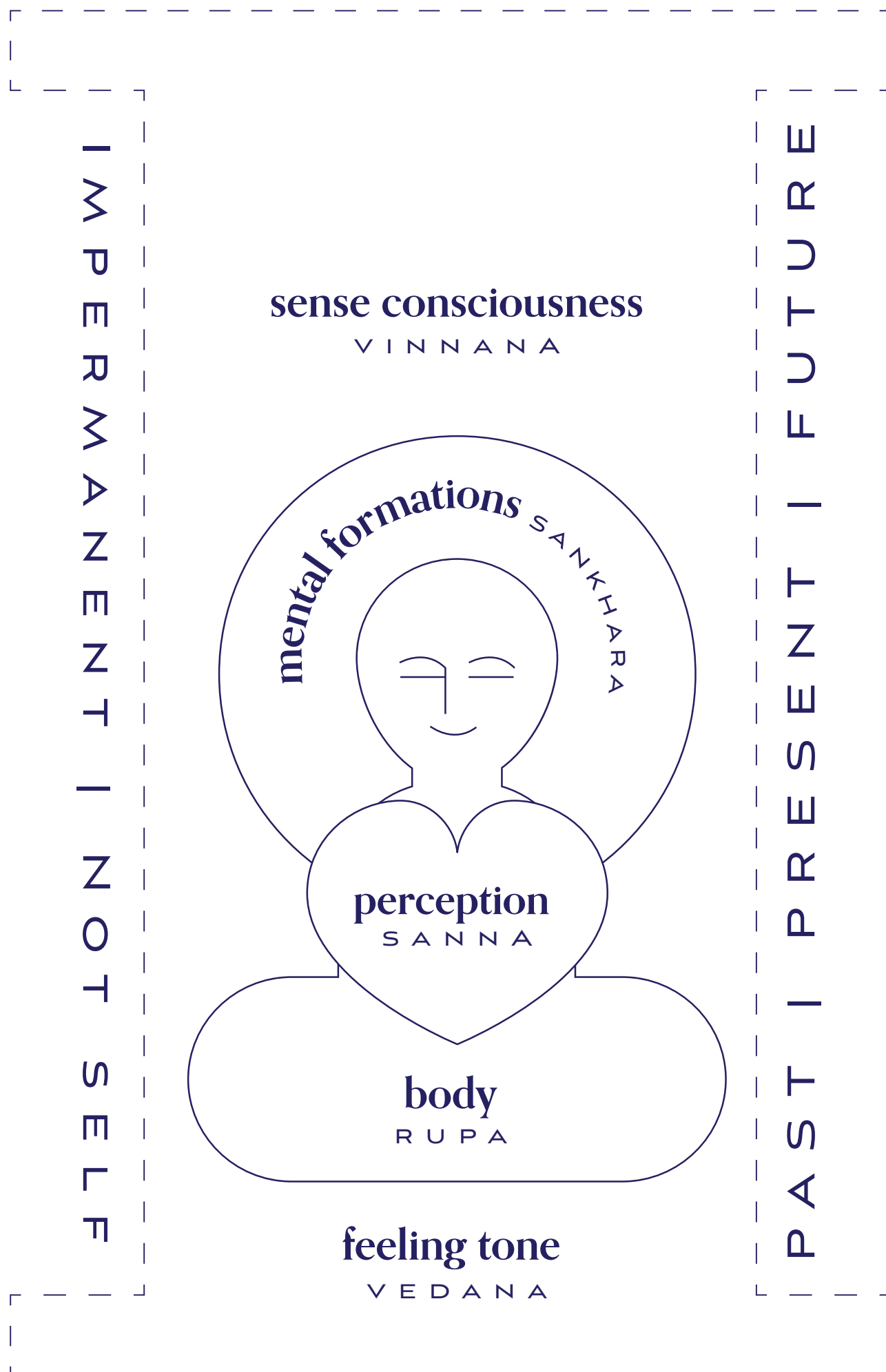


five aggregates

K A N D H A S



**This is not mine, this is not I,
this is not my self.**

SN 22.59 PTS: S iii 66 CDB i 901 Anatta-lakkhana Sutta

Newcastle
INSIGHT
MEDITATION

May we grow in
clarity, peace and wisdom.