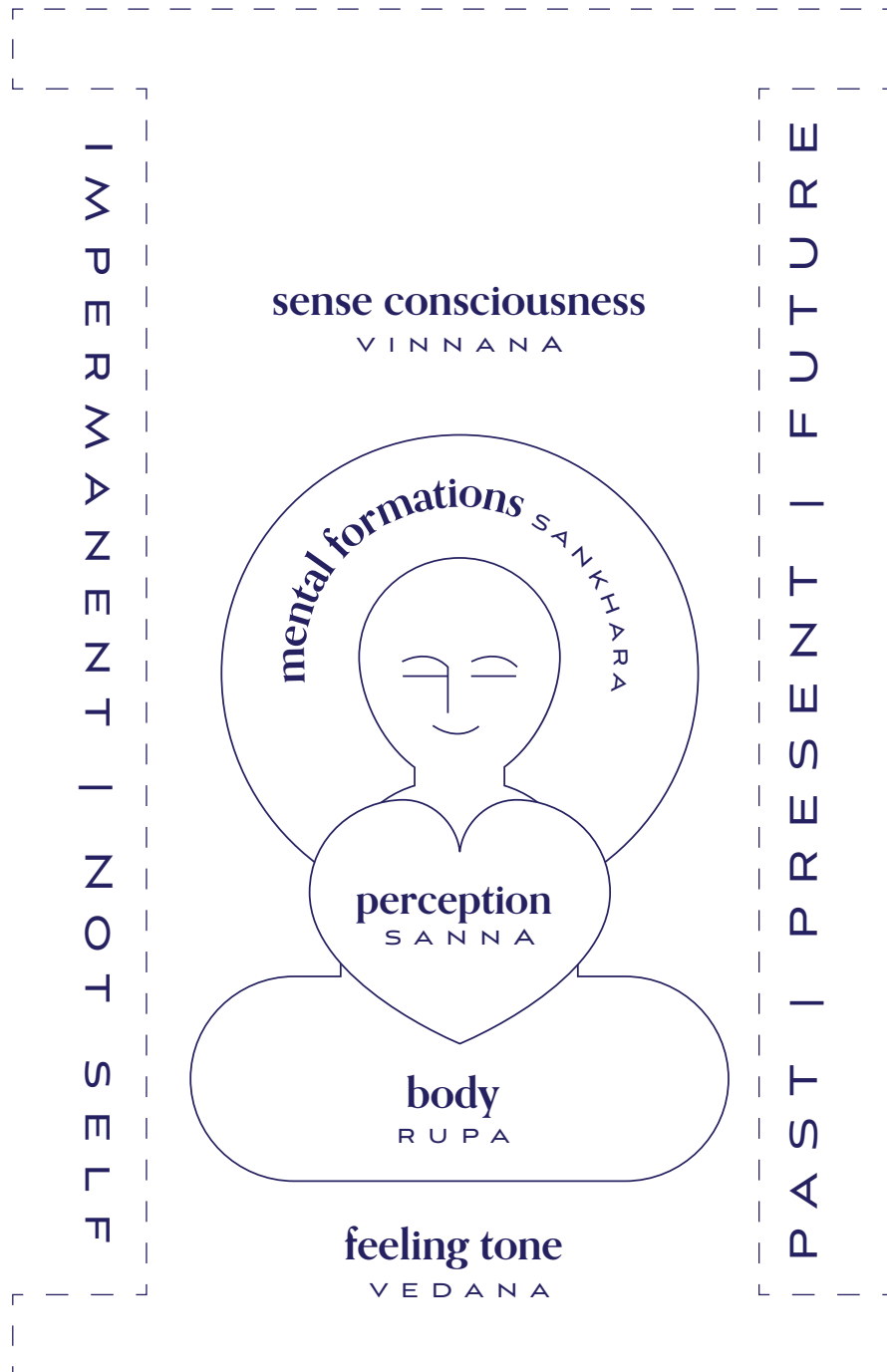


# five aggregates

KANDHAS



**This is not mine, this is not I,  
this is not my self.**

SN 22.59 PTS: S iii 66 CDB i 901 Anatta-lakkhana Sutta

Newcastle  
INSIGHT  
MEDITATION

May we grow in  
clarity, peace and wisdom.